

United Day Care Center

April Newsletter

April 2022



March Newsletter

Happy April, families! We are excited to welcome the Spring weather. We'll be spending more time outside and with the April rain, can come mud. Please dress your children appropriately to participate in outdoor activities. Please also ensure your child has extra clothes in their classroom.

During the Week of the Young Child (see below), we will be hosting the following dress up days:

Monday: Inspiration Day (dress like someone who inspires you)

Tuesday: Super Hero Day

Wednesday: Wacky Day

Thursday: Rainbow Day

Friday: PJ Day!

Our Topics for the Month:

April 4 - April 8 - Week of the Young Child

April 11 - April 15 - Spring Bunny

April 18 - April 22 - Earth Day

April 25 - April 29 - Rainforest



We have had quite a few new faces join our team at the center. We are excited to have them join our family! Please welcome them and see your head teacher with any questions!

Infant/Toddler Room Updates



Room 1 – Continuity of Care

Hoppy April Friends!

With the weather getting nicer, please check to make sure your child has weather appropriate clothing in the classroom. We are excited to start stroller rides again. This month we will be exploring new ways to express ourselves creatively with art. Looking forward to a great month!

–Ms. Kendre, Ms. Amber, Ms. Angel, and Ms. Marisol

Room 2 – One Year Olds

Hello Families! Springing into the new month, we will be experiencing warmer weather and exploring the great outdoors. We will be working toward achieving our monthly goals and developing new goals to be working on. Please welcome Ms. Katie to our room. You will see her in the afternoon when you pick up your child.

–Ms. Chelsie, Ms. Samara, Ms. Savannah, and Ms. Katie

Room 4 – Continuity of Care

Hi Room 4 families! Welcome to our room. We are so excited to get to know your families through the fun month of activities we have planned. We will be creating self portraits, going on a Spring egg hunt, practicing recycling by sorting paper and plastic, and using rainforest animals to explore art materials. We have both been working with children for several years and come with a plethora of experience and ideas to continue to help your children learn and have fun. Please let us know if you have any questions!

–Ms. Ashley S. and Ms. Angelena



Room 5 – Infants

Room 5 is on the move! All of our friends seem eager to take the next steps – or crawls – or sit ups – as we spring into warmer weather. This month we are tackling a new climber, exploring recycled sensory tunnels, and having fun in the sun with water and nature buckets! We are most excited about our group painting exploration where we will use all of our movements to paint one, giant piece of paper! We can't wait to share our new moves and masterpieces with you!

–Ms. Hanna, Ms. MJ, Ms. Casey, and Ms. Ja'Sha



Preschool Room Updates



Room 3 – 2.5/3 Year Olds

Hello families! We are excited that the weather is getting warmer and we have plenty of exciting activities planned. We will be planting seeds and watching them grow outside. Since it is getting nicer outside, please ensure your child has weather appropriate clothing in our classroom.

Happy Birthday Ella and Bailey!

–Ms. Ashley, Ms. Alyssa, Ms. Hannah, and Ms. Arian

Room 6 – 3/4 Year Olds

Room 6 has had a fun month of March learning about Dr. Seuss, having a leprechaun trash the room, and discovering and preparing for different types of weather! We look forward to April for the week of the young child, Easter, Earth Day, and rain forest animals. We have lots of fun activities in store and can't wait to share them with you and your families! Ms. Amanda is our only birthday for the month of April!

Room 7 – 4/5 Year Olds

In Room 7, we are loving the Spring weather! We are excited to watch our flowers we planted sprout and grow. April is going to be a lot of fun and we can't wait to see everyone dress up for Week of the Young Child. We will be making fun crafts for Spring, learning to care for our planet on Earth Day, and discussing various animals that live in the rainforest.



April is National Child Nutrition Month!

Tips to participate in National Child Nutrition Month:

- Provide calm, pleasant mealtimes where adults and children can talk together by removing distractions such as television, tablets, and cell phones.
- Get children involved in meal planning and cooking and use this time to teach them good nutrition.
- Make half your plate fruits and vegetables while the other half is for grains (preferably whole grains) and lean protein foods.
- Drink more water. Quench your thirst with water instead of drinks with added sugar.
- Reduce added sugars. Foods and drinks with added sugars can contribute empty calories and little to no nutrition.
- Be active!!! Regular physical activity has many health benefits. You don't have to hit the gym—take a walk or put on music and dance at home.