



# August Newsletter

August 2023

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### Why is it important for my child to be active and play?

- Children learn through play.
- Play helps her get along with others.
- Play helps her learn new skills and use her imagination.
- Play helps her learn about words, feelings and thoughts.
- Seeing and doing new things helps your child's brain to grow.



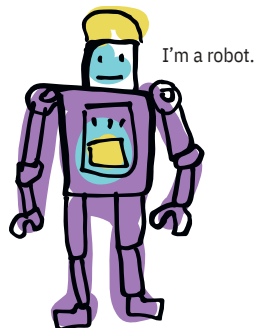
### How can I make activity fun and encourage my child to play?

- Play with your child. He will enjoy spending time with you! Find activities that you both enjoy.
- Be a role model for your child. He will watch you and want to be like you.
- Encourage your child to play outside every day. Fresh air is good!
- Children need planned activity as well as free play.
- Arrange for your child to play with other children often.



### Preschoolers learn by:

- Copying
- Following examples
- Following simple directions
- Playing make believe
- Moving

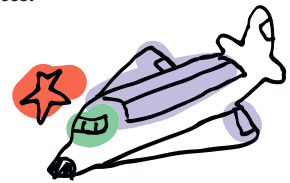


### Some activities to do with your child:

#### Make Believe Walk

Help your child pretend to walk through different places:

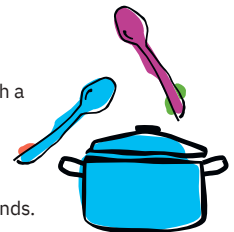
- In the forest
- On the moon
- In the jungle
- On hot sand
- Through the snow
- In the mud



#### Marching Band

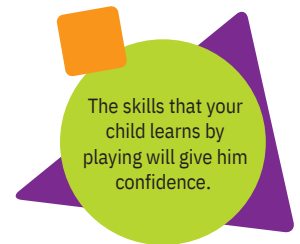
Make some instruments:

- Use dried beans in an empty container with a lid to shake (oatmeal box, coffee can).
- Use wooden spoons to bang on pots.
- Take rubber bands, stretch them over containers, and pull on them to make sounds.



### Your child can do these activities:

- Tumbling
- Crawling
- Hopping
- Rolling
- Climbing
- Tossing
- Catching
- Dancing
- Skipping
- Throwing
- Galloping
- Kicking



### Celebrate your life together. Take time to play together.



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# Room Updates

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## Room 1 – Continuity of Care

Happy August Families!

This month we are talking about friendship, manners, all about me, shapes, and zoo animals. We are working on being kind, sharing, body parts, our names, and animal names. This month we celebrate Davi and Ms. Kendre's birthday.

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## Room 2 – One Year Olds

Happy 2nd birthday to Donaven and Kynleigh. This month we will be talking about the themes all about me, space, dinosaurs, zoo animals and Eric Carle. We will be continuing to do splash party days on Tuesdays, please bring in a towel and extra set of clothing and your child dressed in their swim suit. Please help us welcome our new teacher, Ms. Bre. As always, if you have any questions, joys, or concerns please let us know.

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## Room 3 – Two Year Olds

In August, we are going to learn about colors, shapes, our emotions, and all about me! During color week we will be focusing on the colors red, blue, pink, purple, and green. During shape week we will focus on square, triangle, circle, and rectangle. We are excited to learn about emotions like happy, sad, mad, and scared during emotions week!

Happy Birthday, Sofia!



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## Room 4 – Continuity of Care

Hello August,  
This month we will explore different themes such as health and safety, fruits and veggies, dinosaurs, and fantasy. Please make sure you are keeping an eye out for any messages from the teachers for clothes, diapers, and wipes. We are still planning on having our splash days every Tuesday. We hope you have had a great summer so far!

Welcome back Ms. Grace!

# Room Updates

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## Room 5 - Infants

Happy August Room 5! We're excited to enjoy the last month of summer weather with more splash days, nature based creative expression, and picnic lunches outside! This month we're looking forward to reading new books, painting with flowers, and exploring bubbles outside.

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## Room 6 - Three Year Olds

Happy August families! We have had so much fun this summer with splash parties, outside exploration, and learning about different types of animals. This month we will be learning about healthy habits, musical instruments, and each other! We are so excited to continue to share our discoveries and experiences with you this August.

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## Room 7 - 4/5 Year Olds

August is so bittersweet for Room 7. We will be saying goodbye to our kindergarteners, and we will miss them so much! But August also brings us new friends that we are excited to get to know! Our focus this month will be introducing our new friends to our classroom, our rules, and getting to know each other. We can't wait! Room 7 also wants to wish a happy birthday to Keygan!