

United Day Care Center

May Newsletter

May 2022

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Happy May, families!

This month we are excited to begin planning our splash days for the summer! Please be sure to bring your child a swimsuit and a towel prior to their first splash day.

Please be sure to continue signing your child in and out with our Procure iPad daily. If you cannot remember your code, the front desk can help you with that!

Reminder for our children on vouchers, please be sure you are swiping at the front desk as well as your call-ins for late attendances. If you have any questions, please contact the front desk.

Our Topics for the Month:

May 2 - May 6: Mother's Day/Family

May 9 - May 13: Dinosaurs

May 16 - May 20: Zoo Animals

May 23 - May 27: Farm Animals



The Spring Bunny visited the center on Thursday April 14th. Families enjoyed making a well balanced snack and taking photos with the bunny.

Infant/Toddler Room Updates

Room 1 – Continuity of Care

We are so happy it is getting warmer outside. this month we are talking about family roles and how different people can be in those roles. We are going to work on counting to ten, colors, and shapes. We are also going to focus on making safe choices and playing nice with friends.

–Ms. Kendre, Ms. Amber, and Ms. Angel

Room 2 – One Year Olds

Hello Room 2 Families! We would like to welcome our new educator, Ms. Hanna. We have some fun activities for this month! We will be shadow tracing with dinosaurs, going on a trip around the room to discover zoo animals, making different farm animal puppets, and going on a bug and insect scavenger hunt! We are looking forward to all of our fun adventures this month!

Room 4 – Continuity of Care

This month in Room 4 we are celebrating Mother's Day by making handprint cards. We recently updated our classroom family photos and we will be talking about moms and the families that we live in our homes. We will be making salt-dough fossils for Dinosaur week and will build animal habitats when we learn about zoo animals. We are going to paint like elephants and make animal footprints as well. To finish off the month of May, we will be having a bug scavenger hunt!

–Ms. Ashley S. and Ms. Angelena



Room 5 – Infants

YAY! – It's May, Room 5 Families!

With more warm weather around the corner and a brand new fence outside of our playground, Room 5 is ready to get back outside! We're most excited about our "loose parts activity" where we will explore recycled boxes and their limitless possibilities for creative play, critical thinking, AND gross motor development! We're also looking forward to enjoying our lunch picnic style, celebrating World Press Freedom Day with brand new books, and honoring our family members that embody the spirit of Mother's Day!

Room 5 is so sad to be losing Ms. Hanna this month. However, we're proud to announce that she will be a Head Educator in Room 2! Which means our friends have so much to look forward to when they move into our 1 year old room! Please be sure to celebrate her hard work with us as she transitions into her new position.

Preschool Room Updates

Room 3 – 2.5/3 Year Olds

Happy Spring! We hope everyone is excited for the change in weather! Room 3 is looking forward to playing outside more! We will be sending home special gifts for mothers and other family members who care for us. We are happy to learn about all the different animals and will be doing splash parties starting this month!

Room 6 – 3/4 Year Olds

Room 6 has had loads of fun the month of April! We've went on Easter egg hunts, celebrated the Earth, and discovered the rainforest from the classroom. We look forward to celebrating Mother's Day this May and learning about different animals and insects. There are tons of family centered activities we will create and wild life explorations we will make that we cannot wait to share!

A very happy May birthday to Gregory and Ms. Makayla!

Room 7 – 4/5 Year Olds

Room 7 enjoyed hunting for eggs and meeting the Spring Bunny in April! In May, we will be learning about dinosaurs, farm and zoo animals, and insects. We are looking forward to celebrating Mother's Day and talking about families. We also would like to wish Carter a very happy birthday!



May is Children's Mental Health Awareness Month

The subject of children and mental health can be difficult.

Parents who engage with their kids. Parents who are engaged and have conversations with their kids can help monitor their child's emotional state and address any problems prior to becoming too severe.

One of the most important things you can do as a parent is to keep the lines of communication open with your children. Build trust with your children for them to know they have an adult to speak with for any feelings or emotions they are experiencing, including anxiety, depression, fear, or thoughts of self harm. Discussing and normalizing mental health discussions helps make children aware that there is nothing wrong with talking openly about their feelings. Making mental health a priority, such as self-care and ways to proactively manage stress can help teach the children healthy habits at a young age.