



September Newsletter

September 2023

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Having anywhere from one to four hours of screen time per day at age 1 is linked with higher risks of developmental delays in communication, fine motor, problem-solving and personal and social skills by age 2, according to a study of 7,097 children published Monday in the journal *JAMA Pediatrics*.

“The study fills an important gap because it identifies specific developmental delays (in skills) such as communication and problem-solving associated with screen time,” said Nagata, noting there haven’t been many prior studies that studied this issue with several years of follow-up data.

The study measured how many hours children used screens per day at age 1 and how they performed in several developmental domains – communication skills, fine motor skills, personal and social skills, and problem-solving skills – at ages 2 and 4. Both measures were according to the mothers’ self-reports.

By age 2, those who had had up to four hours of screen time per day were up to three times more likely to experience developmental delays in communication and problem-solving skills.

Those who had spent four or more hours with screens were 4.78 times more likely to have underdeveloped communication skills, 1.74 times more likely to have subpar fine motor skills and two times more likely to have underdeveloped personal and social skills by age 2. By age 4, risk remained only in the communication and problem-solving categories.

These were just some of the findings of the study according to an article reported by CNN. It can be found at



Room Updates

Room 1 - Continuity of Care

Happy September, Friends!

This month we are so excited to talk about transportation, Charlotte's Web, Farm, and Fairytales! AS the weather starts to change, we will send home warm weather clothing and ask for cool weather clothing.

This month we want to wish Bentley a happy third birthday and Isla a happy second birthday!

Room 2 - One Year Olds

Happy September, Families!

We would like to welcome our two new friends to the Room 2 classroom! This month we will be talking about nursery rhymes, emotions, Charlotte's Web, Opposites, and the Jungle! We are excited for all the new themes and what we will be learning about with them! As a reminder, with the weather slowly starting to change, please dress your child appropriately. If you would like to bring in a jacket to leave here, that is encouraged!

Room 3 - Two Year Olds

Hello families !

This month we will be talking about community helpers, Charlotte's Web, Space, and Healthy Habits. We will focus on numbers and colors to get the children to know. We are not doing splash day anymore. Please bring your child in normal clothes. With the mornings being colder, please bring a jacket for your child just in case. Happy Birthday, Haisleigh!



Room 4 - Continuity of Care

Hello September!

This month we will be exploring numbers, seasons, and talking about family members for Grandparents' Day! As the weather starts to cool, please make sure your child has weather appropriate clothing! If you have any questions please just ask!

Room Updates



Room 5 - Infants

Happy September Room 5! This month we're extremely excited to create our own sensory bottles, fall leaves for our classroom's seasonal tree, and measure our height in acorns! We're looking forward to working together to create a gross motor mural while we celebrate International Day of Peace. We can't wait to enjoy new seasonal books as we wrap up our summer and welcome the start of fall!

Room 6 - Three Year Olds

Happy September Room 6 families! Summer has gone by so fast and so many awesome memories were made. We will start our fall with Community Helpers Week, Charlotte's Web, and fairytales! Room 6 friends are excited to share all our experiences with you. We would like to wish a very happy birthday to Kamar'Ree, Gunnar, and Liam!

Room 7 - 4/5 Year Olds

September is here! It has been fun watching all of our new friends settle into our classroom routine and we've enjoyed learning more about them everyday! This month we look forward to more learning as we explore the community around us with our community helpers week and as we bring in the new season of fall with lots of fall themed activities! We are also looking forward to learning about "Charlotte's Web" and want to encourage all of our families to check out the performance by Muncie Civic that will be going on this month. Room 7 also wants to wish a very happy birthday to Maverick, Arayah, and Ms. Laura!